

8 WAYS

WE CAN HELP SAVE THE PLANET



CALCULATE YOUR CARBON FOOTPRINT

Your carbon footprint is the amount of global warming greenhouse gases you produce as you live your life - home energy, transportation and waste. Everyone's carbon footprint is different depending on their location, habits, and personal choices.



REDUCE YOUR WASTE

Avoid single-use plastics, and use reusable/washable containers, utensils, napkins and other items to save energy, water, raw materials and reduce pollution!



MEATLESS MONDAY

Vegetarian diets promote heart health, and diminish risk of obesity, diabetes and cancer. It also saves water, and reduces pollution, including greenhouse gases.



REDUCE YOUR ENERGY CONSUMPTION

Americans make up less than 5% of the world's population, yet consume 26% of the world's energy. Switch to LED lighting to reduce your energy usage by 75%, and reduce your utility bills. Turn off your lights and unplug unused electronics.



CONSERVE WATER

Take shorter showers, turn off water when brushing teeth, install low-flow showerheads, and water gardens only twice per week.



PLANT NATIVE!

By choosing the correct plants for the place, they will also require less feeding and watering. Using the right native plants in the right place, makes sense ecologically and financially, as you won't need to replace plants that don't work and will help and encourage a huge diversity of wildlife.



GOT UNWANTED MAIL?

Reduce "trash/spam" mail, and get off junk-mail lists! Register with the Direct Marketing Association mail preference service or use an app like 'Paper Karma.'



SWITCH TO NONTOXIC GREEN CLEANERS

They're safer for you and our environment!

Did You Know:

26 MILLION TONS of plastic ends up in our ocean every day. According to the World Economic Forum, if we do not reduce our use of plastics, plastic pollution will outweigh fish in the ocean by 2050.

